

September 17, 2011 - Waynesboro, PA
CFAR's 2nd Annual 30K Gut Check

results by
SpectaSport LLC
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Section 1: Overall Male Award Winners

Place	Bib #	Name	Elapsed	Pace
1	73	Mark Eissens	01:52:11	06:02
2	100	Saleh Ghazali	01:57:50	06:20
3	66	Andy Mason	01:59:23	06:25

Section 2: Overall Women Award Winners

Place	Bib #	Name	Elapsed	Pace
1	69	Laurie Dymond	02:15:36	07:17
2	65	Dani Mason	02:16:55	07:22
3	25	Jill Hazelton	02:20:21	07:33

Section 3: Men's Masters Award Winners

Place	Bib #	Name	Elapsed	Pace
1	20	Tim Fisler	01:55:23	06:12
2	75	Philip Broyles	02:15:29	07:17
3	60	Randy Stroble Sr	02:15:57	07:19

Section 4: Women's Masters Award Winners

Place	Bib #	Name	Elapsed	Pace
1	88	Nancy Petrosky	02:36:10	08:24
2	3	Johna Bolinger	02:36:26	08:25
3	106	Mari Over	02:36:54	08:26

Section 5: Relay Team Finish

Place	Bib #	Name	Elapsed	Pace
1	203	Hot Sweaty 3some	02:19:43	07:31
2	201	OCRrunners	02:37:23	08:28
3	204	Jon's Joggers	02:45:10	08:53
4	200	Beauties & the Beast	03:10:02	10:13
5	205	Lucky Punk	03:36:48	11:39

Section 6: Age Group Results (Excluding top overall and Masters)

Boys Under 19

Place	Bib #	Name	Elapsed	Pace
1	7	Christian Daniels	02:19:23	07:30
2	85	Jonathan Daniels	02:32:00	08:10

Men 20-24

Place	Bib #	Name	Elapsed	Pace
1	94	Cavanaugh Michael	01:59:46	06:26
2	74	Eric Brazon	02:17:48	07:25

Men 25-29

Place	Bib #	Name	Elapsed	Pace
1	26	Josh Pool	02:19:45	07:31

Men 30-34

Place	Bib #	Name	Elapsed	Pace
1	61	Peter Morgan	02:09:32	06:58
2	29	Dustin Sanders	02:15:28	07:17
3	72	Scott Baldwin	02:22:06	07:38
4	51	Benny Volkmann	02:27:27	07:56
5	2	Jason Lopez	02:38:09	08:30
6	33	Bryan Sears	03:22:14	10:52

Men 35-39

Place	Bib #	Name	Elapsed	Pace
1	59	Randy Stroble	02:17:59	07:25
2	64	Jason Mumper	02:30:31	08:06
3	12	Thomas Beck	02:35:56	08:23
4	53	Mike Colli	02:36:49	08:26
5	87	Michael Byers	02:55:30	09:26
6	90	Richard Rodriguez	02:58:42	09:36
7	82	Willie Stewart	03:08:50	10:09

Men 40-44

Place	Bib #	Name	Elapsed	Pace
1	45	Eric Fisler	02:31:29	08:09
2	17	Dane Tritle	02:48:36	09:04
3	6	Stephen Bui	02:48:54	09:05
4	13	Michael Amsler	02:49:06	09:05
5	31	Mike Bercaw	03:34:40	11:32

Men 45-49

Place	Bib #	Name	Elapsed	Pace
1	80	Doug Crist	02:34:51	08:20
2	27	Larry Mancini	02:38:49	08:32
3	15	Jeffrey Puuri	02:44:07	08:49
4	37	Michael Connor	02:50:27	09:10
5	16	David Wilson	03:02:43	09:49

Men 50-54

Place	Bib #	Name	Elapsed	Pace
1	68	Craig Leisher	02:17:57	07:25
2	39	Doug Alter	02:18:35	07:27
3	21	Linden Showalter	02:41:02	08:39
4	63	Rod Teach	02:42:13	08:43
5	55	Laszlo Madaras	02:42:53	08:45
6	104	Dick Baumgardner	02:44:19	08:50
7	43	Christian Cunningham	02:44:55	08:52
8	14	Richard Johnson	02:45:01	08:52
9	4	John Kelley	02:47:16	08:59
10	18	John Gates	02:50:00	09:08
11	93	Ed Marfut	02:52:37	09:17
12	95	Dave Mayo	03:07:18	10:04

Men 55-59

Place	Bib #	Name	Elapsed	Pace
1	19	Ronald Miller	03:22:14	10:52

Men 60-64

Place	Bib #	Name	Elapsed	Pace
1	91	William Walker	02:19:53	07:31
2	22	Daryl R Lehman	02:33:22	08:15

Men 65-69

Place	Bib #	Name	Elapsed	Pace
No results yet for this age group.				

Men 70+

Place	Bib #	Name	Elapsed	Pace
No results yet for this age group.				

Girls Under 19

Place	Bib #	Name	Elapsed	Pace
No results yet for this age group.				

Women 20-24

Place	Bib #	Name	Elapsed	Pace
1	40	Nikola Grafnetterova	02:44:58	08:52

Women 25-29

Place	Bib #	Name	Elapsed	Pace
1	44	Amy Wilson	02:40:02	08:36
2	97	Misti Jesson	02:43:58	08:49
3	42	Becky Arnold	03:18:53	10:42

Women 30-34

Place	Bib #	Name	Elapsed	Pace
1	36	Heidi Marks	02:24:46	07:47
2	96	Misty Lowman	02:29:42	08:03
3	24	Erica Price	02:43:26	08:47
4	47	Susana Padilla	02:43:29	08:47
5	28	Sarah Santangelo	02:44:16	08:50
6	103	Marjorie Bliss	02:44:24	08:50
7	62	Emily Dickey	02:45:05	08:53
8	8	Abbi Crowe	02:50:20	09:09
9	98	Schaefer Laurel	03:08:16	10:07
10	9	Hillary Kuhn	03:10:27	10:14
11	105	Barb Lowe	04:17:43	13:51
12	81	KIMBERLY FIELDS	04:24:35	14:13

Women 35-39

Place	Bib #	Name	Elapsed	Pace
1	76	Amanda Turner	02:24:32	07:46
2	79	Christine Reid	02:36:43	08:26
3	52	Amy Colli	02:40:23	08:37
4	78	Catherine codd	02:54:37	09:23
5	101	Charlene Kelbaugh	02:54:43	09:24
6	30	Vicki Stinebaugh	02:56:54	09:31
7	34	Rheanna Walters	03:28:52	11:14
8	102	Elyse Cook	03:51:18	12:26
9	67	Tammy Brill	04:17:43	13:51

Women 40-44

Place	Bib #	Name	Elapsed	Pace
1	54	Rebecca Carper	02:47:30	09:00
2	48	Karen Oyster	02:47:50	09:01
3	38	Anna Jones	02:52:23	09:16
4	83	Faye Nugent	03:22:45	10:54

Women 45-49

Place	Bib #	Name	Elapsed	Pace
1	46	Judy Emmert	02:39:07	08:33
2	89	Kristal Hollenshead	02:46:37	08:57
3	32	Brenda Miller	02:52:31	09:17
4	70	Martina McGarvey	03:06:08	10:00
5	10	Terry Marie Sebold	03:26:46	11:07

Women 50-54

Place	Bib #	Name	Elapsed	Pace
1	58	Shelly Cardone	03:07:14	10:04
2	92	Carla Rice	03:29:57	11:17

Women 55-59

Place	Bib #	Name	Elapsed	Pace
1	1	Carmella DiPippa	02:50:43	09:11
2	77	Denise Smith	03:23:32	10:57

Women 60-64

Place	Bib #	Name	Elapsed	Pace
1	57	Rebecca Sariano	03:11:54	10:19

Women 65-69

Place	Bib #	Name	Elapsed	Pace
/et for this age group.				

Section 7: All Individual Finishers with Projected Marathon Time

Place	Bib #	Name	Elapsed	Gender	Age	Projected Marathon Time
1	73	Eissens Mark	01:52:11	Male	31	02:38:01
2	20	Tim Fisler	01:55:23	Male	41	02:42:32
3	100	Saleh Ghazali	01:57:50	Male	33	02:45:59
4	66	Andy Mason	01:59:23	Male	39	02:48:10
5	94	Cavanaugh Michael	01:59:46	Male	23	02:48:42
6	61	Peter Morgan	02:09:32	Male	33	03:02:28
7	29	Dustin Sanders	02:15:28	Male	33	03:10:49
8	75	Philip Broyles	02:15:29	Male	52	03:10:51
9	69	Laurie Dymond	02:15:36	Female	45	03:11:00
10	60	Randy Stroble Sr	02:15:57	Male	58	03:11:30
11	65	Dani Mason	02:16:55	Female	39	03:12:52
12	74	Eric Brazon	02:17:48	Male	20	03:14:06
13	68	Craig Leisher	02:17:57	Male	50	03:14:19
14	59	Randy Stroble	02:17:59	Male	36	03:14:22
15	39	Doug Alter	02:18:35	Male	53	03:15:13
16	7	Christian Daniels	02:19:23	Male	16	03:16:20
17	26	Josh Pool	02:19:45	Male	26	03:16:51
18	91	William Walker	02:19:53	Male	62	03:17:02
19	25	Jill Hazelton	02:20:21	Female	36	03:17:42
20	72	SCOTT BALDWIN	02:22:06	Male	30	03:20:10
21	76	Amanda Turner	02:24:32	Female	39	03:23:35
22	36	Heidi Marks	02:24:46	Female	30	03:23:55
23	51	Benny Volkmann	02:27:27	Male	30	03:27:42
24	96	Misty Lowman	02:29:42	Female	33	03:30:52
25	64	Jason Mumper	02:30:31	Male	38	03:32:01
26	45	Eric Fisler	02:31:29	Male	43	03:33:23
27	85	Jonathan Daniels	02:32:00	Male	14	03:34:06

28	22	Daryl R Lehman	02:33:22	Male	60	03:36:02
29	80	Doug Crist	02:34:51	Male	47	03:38:07
30	12	Thomas Beck	02:35:56	Male	38	03:39:39
31	88	Nancy Petrosky	02:36:10	Female	44	03:39:59
32	3	Johna Bolinger	02:36:26	Female	50	03:40:21
33	79	Christine Reid	02:36:43	Female	39	03:40:45
34	53	Mike Colli	02:36:49	Male	37	03:40:54
35	106	Mari Over	02:36:54	Female	50	03:41:01
36	2	Jason Lopez	02:38:09	Male	34	03:42:46
37	27	Larry Mancini	02:38:49	Male	47	03:43:43
38	46	Judy Emmert	02:39:07	Female	49	03:44:08
39	44	Amy Wilson	02:40:02	Female	29	03:45:25
40	52	Amy Colli	02:40:23	Female	37	03:45:55
41	21	Linden Showalter	02:41:02	Male	52	03:46:50
42	63	Rod Teach	02:42:13	Male	51	03:48:30
43	55	Laszlo Madaras	02:42:53	Male	50	03:49:26
44	24	Erica Price	02:43:26	Female	31	03:50:13
45	47	Susana Padilla	02:43:29	Female	34	03:50:17
46	97	Misti Jesson	02:43:58	Female	26	03:50:58
47	15	Jeffrey Puuri	02:44:07	Male	48	03:51:10
48	28	Sarah Santangelo	02:44:16	Female	34	03:51:23
49	104	Dick Baumgardner	02:44:19	Male	50	03:51:27
50	103	Marjorie Bliss	02:44:24	Female	31	03:51:34
51	43	Christian Cunningham	02:44:55	Male	51	03:52:18
52	40	Nikola Grafnetterova	02:44:58	Female	23	03:52:22
53	14	Richard Johnson	02:45:01	Male	54	03:52:27
54	62	Emily Dickey	02:45:05	Female	33	03:52:32
55	89	Kristal Hollenshead	02:46:37	Female	46	03:54:42
56	4	John Kelley	02:47:16	Male	51	03:55:37
57	54	Rebecca Carper	02:47:30	Female	40	03:55:56
58	48	Karen Oyster	02:47:50	Female	41	03:56:25
59	17	Dane Tritle	02:48:36	Male	42	03:57:29
60	6	Stephen Bui	02:48:54	Male	40	03:57:55
61	13	Michael Amsler	02:49:06	Male	41	03:58:12
62	18	John Gates	02:50:00	Male	53	03:59:28
63	8	Abbi Crowe	02:50:20	Female	30	03:59:56
64	37	Michael Connor	02:50:27	Male	45	04:00:06
65	1	Carmella DiPippa	02:50:43	Female	57	04:00:28
66	38	Anna Jones	02:52:23	Female	41	04:02:49
67	32	Brenda Miller	02:52:31	Female	48	04:03:00
68	93	Ed Marfut	02:52:37	Male	52	04:03:09
69	78	Catherine Codd	02:54:37	Female	37	04:05:58
70	101	Charlene Kelbaugh	02:54:43	Female	35	04:06:06
71	87	Michael Byers	02:55:30	Male	37	04:07:13
72	30	Vicki Stinebaugh	02:56:54	Female	35	04:09:11
73	90	Richard Rodriguez	02:58:42	Male	39	04:11:43
74	16	David Wilson	03:02:43	Male	48	04:17:22
75	70	Martina McGarvey	03:06:08	Female	49	04:22:11

76	58	Shelly Cardone	03:07:14	Female	54	04:23:44
77	95	Dave Mayo	03:07:18	Male	53	04:23:50
78	98	Schaefer Laurel	03:08:16	Female	31	04:25:12
79	82	WILLIE STEWART	03:08:50	Male	37	04:25:59
80	9	Hillary Kuhn	03:10:27	Female	32	04:28:16
81	57	Rebecca Sariano	03:11:54	Female	63	04:30:19
82	42	Becky Arnold	03:18:53	Female	28	04:40:09
83	19	Ronald Miller	03:22:14	Male	55	04:44:52
84	33	Bryan Sears	03:22:14	Male	32	04:44:52
85	83	Faye Nugent	03:22:45	Female	43	04:45:36
86	77	Denise Smith	03:23:32	Female	56	04:46:42
87	10	Terry Marie Sebold	03:26:46	Female	48	04:51:15
88	34	Rheanna Walters	03:28:52	Female	35	04:54:13
89	92	Carla Rice	03:29:57	Female	54	04:55:44
90	31	Mike Bercaw	03:34:40	Male	42	05:02:23
91	102	Elyse Cook	03:51:18	Female	37	05:25:49
92	67	Tammy Brill	04:17:43	Female	39	06:03:01
93	105	Barb Lowe	04:17:43	Female	32	06:03:01
94	81	KIMBERLY FIELDS	04:24:35	Female	31	06:12:42